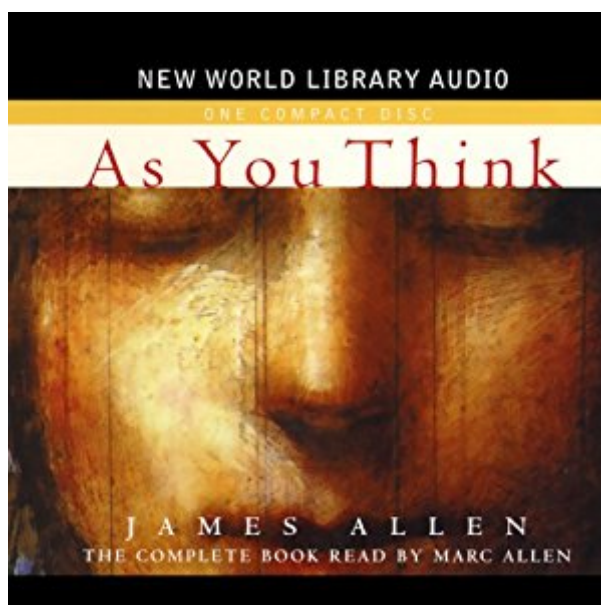


The book was found

As You Think



Synopsis

In 1904, a little-known Englishman named James Allen wrote a small book called *As a Man Thinketh*. A hundred years later, this book has become a self-empowerment classic. New World Library author and publisher Marc Allen updated this timeless gem, recasting obsolete language and polishing the author's message to highlight the universal principles of the original. James Allen's message has now reached a whole new generation of readers with *As You Think*. Great truths are simple and easy to express, and James Allen's insights into self-empowerment are just that: Personal power lies within the mind. Once awakened, there are no limits to what one can imagine and then achieve with the power of thought. The author shares deep insights into the essential relationship of a person's thoughts to personal character, life circumstances, physical health, life purpose, achievement, and personal serenity. *As You Think* is a simple yet powerful reminder that "all we achieve and all that we fail to achieve is the direct result of our own thoughts." We are the masters of our destinies. --This text refers to the Paperback edition.

Book Information

Audible Audio Edition

Listening Length: 1 hour and 5 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: New World Library

Audible.com Release Date: May 25, 2007

Whispersync for Voice: Ready

Language: English

ASIN: B000RCTYZ8

Best Sellers Rank: #122 in Books > Medical Books > Psychology > Experimental Psychology

#139 in Books > Health, Fitness & Dieting > Psychology & Counseling > Experimental Psychology

#1126 in Books > Religion & Spirituality > New Age & Spirituality > New Thought

Customer Reviews

This book was a complete life change for me. My entire life I have always been moody, emotionally unstable, tossed to and fro by my thoughts, bubbling with enthusiasm one moment and then sulking in a stupor the next. My last relationship was destroyed by such a mindset. Although I had ideas of what had gone wrong, this book eloquently expounded on ideas that I had vague thoughts of, but was unable to put into words. The first time I was able to put the knowledge I learned from this book

into practice was a emotionally explosive moment as I realized that I finally was able to control my thoughts and take a hold of my mind. Would highly recommend this book to any and all.

This is not a smooth, flowing read. It's full of words the average person doesn't use and speech patterns of a time now past. This may or may not be part of its charm and effect. It does however illustrate quite well the thought patterns of the champions of our world and lay clear instructions for success in life. Quite simply you are what you think. It's not a book on getting rich or making friends or being happy. It's a book that reminds you of the basic principals of thought and how your thoughts effect every aspect of life. A short little reminder that your mind is your greatest asset or your biggest liability.

This is a powerful little book I read in one sitting and if you knew me, you'd know I don't do that. WOW WOW WOW is all I can say. I need to read it 1000 more times. It impacted me so much that it changed behavior and thoughts. Such an amazing powerful insight into the way you look at things and should look at things and the self-talk you have with your self through out every day and what it should be. I highly recommend this book. It's one of those books that should be mandatory for anyone who wants to accomplish anything in life. Especially if you've failed or gotten run over or down and out... this book will re-kindle your flame and breath new hope into your bones. Please read this book!

I really love this book and it's teaching. I want to change my life in every area and it's up to me alone. It's teaching is very empowering. It's really up to me and when I change my mind I will change my life and it starts with my thinking. I bought 2 more books from my teenage nephews because the sooner they can learn to control their thinking and acquire what they really want out of life the better. I plan to read this book once a month for 6 month so the principles can sink in plus it's less than 80 pages.

Wow. Simply powerful. I don't think the price does this book justice. I would have paid more if I knew how well crafted this book is. Highly recommended. This book has higher ratings for a reason. If you come to a point were you're undecided, just purchase the damn book. What you got to lose? \$2? What you got to gain? ETERNAL KNOWLEDGE

The audio book is a must have. I listen to it while I'm falling asleep.

The insight of James Allen is amazing. What's even more impressive is his ability to break down the complicated process of thought. He helps us see that we we have much more control & power over our circumstances than we give ourselves credit for.

This is the type of book that you'll want to read on a regular basis. It can easily be read in one sitting and provides a great deal of insight into the thought process, and how negative thoughts can do nothing but harm us. As You Think clearly spells out that what you say to yourself, has a profound impact on how you'll feel about yourself and the world around you. The original version of this book was written well before the plethora of self-help books came on the market. This basically is the same as the original, with just a few changes to make the language more pertinent to today's world. Regardless, you'll learn more about yourself by reading this book, than by reading dozens of other much more wordy books books on the subject of positive thinking. This is one of the best ones out there.

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